



Good evening and thank you for dining with us! We like to think of R.F. McDOUGALL'S PUB & GRILL as a little piece of Wilmington's history. We've been here for 25 years, and for a lot of local folks and visitors, too, we're practically part of the family. Our menu offers tasty salads and burgers, tempting beef, poultry and pasta dishes, as well as innovative weekly specials. A few years ago, Outdoor Life Magazine voted us "One of America's Top Ten Best Fishing Bars!" We're very proud of that distinction, very proud of our wonderful little town, and very proud that you're with us tonight. ENJOY!

May we suggest starting with one of our refreshing specialty drinks! Served in a goblet, each is an excellent way to begin your visit with us! - 8.00

THE ULTIMATE MARGARITA
Try a pitcher! - 24.00

HOT APPLE CIDER
With rum and cinnamon stick.

THE ADIRONDACK SUNSET
Malibu Coconut Rum, orange and pineapple juices, splash of cranberry.

Starters

McDOUGALL'S BUFFALO WINGS

Crispy wings served with choice of traditional Buffalo sauce, hot or mild, or our Maple Chipotle glaze. Served with celery sticks and bleu cheese dressing - 10.99

McCHEESEY FRIES

Pub fries piled high with brown gravy and melted cheddar cheese - 7.99

CRISPY CALAMARI

Lightly dusted in seasoned flour and flash fried golden brown. Served with our homemade spicy marinara - 10.99

SMOKED TROUT BRUSCHETTA

House smoked trout with diced tomatoes, olive oil, balsamic, basil and garlic over toasted crostini - 9.99

THAI SPRING ROLLS

Light, crispy spring rolls filled with spicy chicken and veggies. Served with a sweet Asian dipping sauce - 10.99

CHIPOTLE BACON MACARONI & CHEESE

Applewood smoked bacon and chipotle cheddar cheese baked in a crock - 7.99

Soups & Salads

FRENCH ONION SOUP

Classic recipe with savory onions, velvety rich broth, melted Swiss over croutons - 7.99

HOT SAUSAGE SOUP

Hearty broth with ground Italian sausage, tomatoes, peppers and onions drizzled with cheddar cheese - 7.99

WILD FOREST MUSHROOM & BRIE BISQUE

Velvety blend of delicate brie cheese, Madeira wine, cream and wild mushrooms - 9.99

THE WEDGE

Chilled baby iceberg lettuce wedge with crumbled Applewood smoked bacon, diced tomatoes and crumbled bleu cheese dressing - 7.99

HOUSE SALAD

Mixed greens with cranraisins, red onions, grape tomatoes and sunflower seeds with our house garlic and red wine vinaigrette - 6.99

CLASSIC CAESAR SALAD

Crisp romaine heart with homemade peppercorn Caesar dressing, shredded parmesan cheese and fresh garlic croutons - 8.99
Add Grilled Shrimp - 5.00

STEAKHOUSE SALAD

Grilled steak strips served julienne over mixed greens with cranraisins, sliced mushrooms, sunflower seeds and red onions. Topped with bleu cheese crumbles and our garlic red wine vinaigrette - 14.99 • Substitute Grilled Chicken - 12.99

Children are very welcome!
Child's menu is available.



House Favorites

TAVERN BATTERED FISH & CHIPS

A generous portion of tender haddock fillet fried golden brown.
Served with homemade sweet tartar sauce and pub fries - 16.99

CHOPPED SIRLOIN

A 10 oz. chopped steak smothered with savory brown gravy and onions.
Served with garlic mashed potatoes and vegetables - 16.99

MCDUGALL'S PUB STEAK

An 8 oz. flat iron brushed with garlic butter and chargrilled over an open flame.
Served with pub fries and chef's vegetable - 17.99
Add 4 Grilled Shrimp - 5.00

GORGONZOLA TENDERLOIN TIPS

Beef tenderloin tips topped with sautéed onions, melted gorgonzola cheese and
Madeira wine sauce with garlic mashed potatoes and chef's vegetable - 17.99

LEMON HERBED CHICKEN

Grilled and marinated boneless breast with white wine, capers, and lemon
over capellini pasta. Fresh vegetable - 16.99

MCDUGALL'S COWBOY STEAK

Our signature steak. 16 oz., bone-in ribeye, flame broiled and brushed with garlic butter.
Chef's vegetable and pub fries - 26.99



Pasta Lovers

GRILLED BRATWURST WITH MACARONI & CHEESE

Two, 4oz. brats grilled brown and crispy, served with
homemade chipotle bacon macaroni and cheese - 15.99

CHICKEN & SHRIMP RUSTICA

Chicken, shrimp, fresh spinach and mushrooms sautéed
with garlic, virgin olive oil, white wine and diced tomatoes. Tossed in penne pasta - 17.99

PENNE VODKA

Penne pasta tossed with fresh garlic, fresh baby spinach and
tomato vodka cream sauce - 14.99
Add Grilled Chicken or Shrimp - 5.00

FETTUCINI ALFREDO

Made fresh with parmesan cheese, fresh cream and garlic.
Tossed with fettuccini pasta - 16.99
Add Blackened Chicken or Shrimp - 5.00

Burgers & Sandwiches

Burgers are 8 oz. and served on a grilled roll with lettuce, tomato, onion,
homemade kettle-style potato chips, coleslaw and a pickle spear - 12.79
Substitute Fries - 1.50 Basket of Pub Fries - 3.99 Basket of Sweet Potato Fries - 4.99

BLACK & BLEU BURGER

Blackened with a Cajun rub and topped with bleu cheese crumbles.

MAPLE CHIPOTLE CHICKEN SANDWICH

Boneless chicken breast, grilled with caramelized onions, Applewood smoked bacon
and cheddar cheese. Brushed with our homemade maple chipotle glaze - 14.99

SMOTHERED MUSHROOM & ONION BURGER

Piled high with sautéed onions, Swiss cheese and mushrooms.

AMERICAN BURGER

Topped with American cheese, lettuce, tomato and onion.

ADIRONDACK BURGER

Topped with American cheese and Applewood smoked bacon.

*A grilled chicken breast may be substituted for beef patties in all burgers.

An 18% gratuity will be added to all parties of 6 or more
or when requesting separate checks.

Your food is fully cooked to order. Please be patient when we are busy.
It will be worth waiting for!